



**There are limited disabled facilities**

The Cardiff & Region Discount Card is music to visitors' ears. It has been launched to help celebrate Cardiff's centenary as a city and 50th year as capital of Wales.



The Cardiff Card has been designed to appeal to locals and visitors to the area and offers discounts on many of the city's top attractions, restaurants and shops, including Cardiff Castle, The Millennium Stadium and Cardiff Bay cruises. For further information please go to [www.visitcardiff.info](http://www.visitcardiff.info)

The Cardiff and Capital Region Card is available from local Tourist Information Centres in the Old Library, The Hayes (City Centre) and The Tube in Cardiff Bay

## How to get here

Cardiff benefits from excellent road and rail links with Britain's other major towns and cities. London for example, is only 100 minutes away by train and the M4 motorway links both the west and south of England, as well as west Wales. Travel from the midlands and the North is equally convenient: the journey by road from Birmingham, for instance, taking only 2 hours.



**Cardiff University has more than 3000 en-suite bedrooms which are ideal for individuals, families and groups visiting Cardiff**

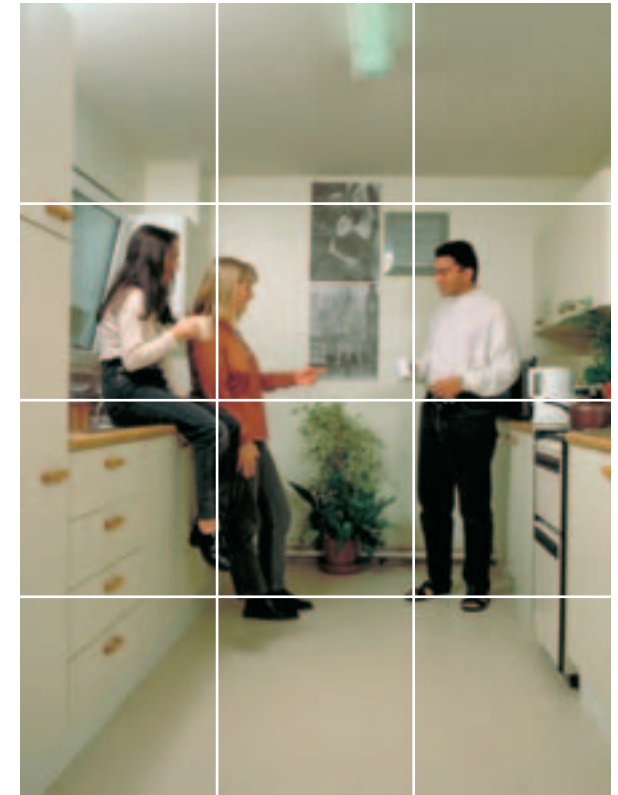
**For further information including rates and availability, please contact:**

Residences and Catering Division, Cardiff University,  
Conference Office, Southgate House,  
PO Box 533, Cardiff CF14 3XZ

Tel: (029) 2087 4702 Fax: (029) 2087 4990

Email: [groupacom@cardiff.ac.uk](mailto:groupacom@cardiff.ac.uk)

[www.cardiff.ac.uk/resid](http://www.cardiff.ac.uk/resid)



## Bed & Breakfast and Self Catering Residences

## Residences

If touring South East Wales, Cardiff University offers affordable accommodation to meet almost every budget and every requirement. We have en-suite rooms (some just a short walk from the city centre) and rooms with shared bathroom facilities in more urban (but still central) locations. The University has more than 3000 bedrooms available from mid June until mid September. We offer free parking for cars and coaches, while almost all residences are within a half hour walk from the city's main rail and bus station.

### Bed and Breakfast

We are able to offer groups of 20 or more the option of having breakfast, lunch or evening meal in one of our many catering venues. We can also offer a wide range of meals to suit your budget and taste, or provide you with a packed lunch to take on your travels. Even if you are part of a smaller group it may still be possible for us to provide you with meals, we will be able to advise you of this when you make your enquiry.

### Self Catering

All rooms offer single occupancy accommodation with en-suite facilities, and are grouped into small flats. Each flat has a shared, fully fitted kitchen with cooker, fridge freezer, cooking and eating utensils and dining area. All rooms are provided with linen and towels and refreshments are made available in the kitchen area.



**Families can have breakfast together in the privacy of their own flat**



## Cardiff – The City

As one of Europe's youngest capital cities, Cardiff's cosmopolitan nature affords something for everyone, from the excitement of the city centre itself to the peace and quiet of the surrounding countryside.

The compact city centre, which lies just a few minutes walk from the main University campus combines the traditional and modern to provide one of the finest regional shopping centres in Britain. The spacious, pedestrianised area features a mix of major department stores and individual shops, a network of glass-canopied Victorian and Edwardian arcades, indoor and outdoor markets, and several large, contemporary complexes.

When it comes to entertainment, Cardiff is well-equipped! There are many pubs, wine bars, lounge bars and nightclubs. Concerts to suit all tastes are held in the Millennium Stadium, Cardiff International Arena and St David's Hall. While Welsh National Opera has its home in Cardiff's new Wales Millennium Centre.

Cardiff is home to the National Museum and Gallery of Wales. The museum in Cardiff's city centre offers various exhibitions of interest to all ages, while the Museum of Welsh Life at St Fagans traces Wales through the ages.

There are extensive parklands and gardens both in, and a stone's throw from the busy city centre. While the surrounding countryside offers magnificent scenery and opportunities for all kinds of pursuits such as hiking and rambling. The Gower Peninsula, Brecon Beacons, Wye and Usk valleys are all nearby, as are historic monuments such as Cardiff Castle, Caerphilly Castle and Castell Coch. You can also enjoy nearby seaside resorts such as Penarth and Barry Island or travel a little further west to experience the Glamorganshire Heritage Coast.

The Taff Trail cycle path is 52 miles in length linking Cardiff Bay with the Brecon Beacons National Park and passing some of the University residences.

## Cardiff Bay

Cardiff Bay is an exciting development and includes a visitor centre, which gives information on the Bay's development, past, present and future. Why not take a stroll and visit one of the many restaurants and bars, sit and watch the world go by over a drink or cup of coffee. Children will enjoy Techniquest with the interactive exhibits, planetarium and science theatre. We also have a Norwegian Church, which was the first church built outside Norway for its mariners. This is now a coffee shop and arts centre and is well worth an hour of your time. The Atlantic Wharf Leisure Village has a 12 screen cinema, ten pin bowling, restaurants and bars and an on-site brewery. The Bay is now the home of the Welsh Assembly which is housed also in a specially commissioned 21st century building.



**An extensive catering service may be provided**